

## MY TRANSFORMATION

Let's start with that I have never been confident. I couldn't deal with stress, I didn't like to express my opinion on the class forum because I was afraid of unacceptability and being an object of ridicule. I owe to pedagogical class that it has changed many flaws in my personality.

One of the leading subjects is "pedagogical workshops" on which we discuss a lot about various topics and we also often have public appearances which used to be a total failure for me at first. However, I must admit that this experience was a perfect way to get rid of fear of speaking in front of a large group of people. It's known that the first performances won't be perfect, but with each next it will be better and better. In my class there are people for whom speaking in front of a larger group of people isn't a problem and I don't want to be a shy person anymore either so I can say that was the biggest motivation for me.

It's also worth to mention the trips to Rudnik resort where we have different trainings, like volunteering, for example or how to prevent addictions. After completing one of the training course, I received a certificate and I know it will be useful for my studies in the future. Staying in Rudnik was also a time of integration with my classmates which was awesome. I also attended some practical sessions in the kindergarten called "Tęcza". It was a great experience. I have never had a contact with children with autism before but it seems to me that I managed it well. The ladies there explained to me how to behave towards such children and I even managed to take some classes with the children. Pedagogical class allowed me to get acquainted with such work and I'm glad that I have attended all these practical trainings.

Pedagogical class really gives many opportunities for personal development. I can assure you that by signing up for this class, you will want to do as much as possible to help other people. Over the past two years I have changed for the better and I truly recommend this class to everyone.

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